

FREE Waste education activity



Nude Your Food

Nude your Food is a waste education program that focuses on reducing school lunch box waste. You will learn the story of waste from natural resources used to create different types of packaging to what happens to waste after it goes in the bin. Individuals or groups are motivated to reduce their lunch box packaging by setting a reduction target for a 'Nude Food Week.' The program results in less packaging waste and less littering around the area or grounds.

The Nude Your Food program is **suitable for students of all ages**. It consists of two sessions: the first focuses on the waste created at school lunch and a time line activity illustrating how long this waste takes to break down. The session will take an hour.

We then leave the teacher with a tally sheet to run a week-long Nude Your Food Program.

After about two weeks we will return to the school for a second session to talk about what has been learned and think of ways to solve the problem. Students will graduate as Resource Warriors. This session will take 30 minutes.

**For further information
visit our website:**

www.mrc.wa.gov.au

CONTACT DETAILS

If you are interested in making a booking for the FREE Nude Your Food program please contact our Waste Education Team at:

Phone: 9306 6348

Email: wasteed@mrc.wa.gov.au



Mindarie Regional Council (MRC) helping residents of the region to Reduce, Reuse, Recycle and Dispose Wisely.
MRC Member Councils:

